

# Ministry Spotlight

*"Your word is a lamp to my feet and a light for my path " Psalm 119:105*

## *Health Cabinet*



*To identify health and wellness concerns which encompass mind, body and spirit and to develop ministries and resources to meet those needs.*

### Who we are:

- Seventeen members working under the direction of Parish Nurse Vicki Carlson and Pastor Dave.
- Most members are professionals (nurses) who assist with spiritual support as well as medical needs.
- Other members are committed to providing both Spiritual and moral support.
- All members are committed to strict confidentiality.

### Ministries we sponsor:

- Current ongoing ministries include meditative yoga classes, flushot clinics, blood donor drives, shepherding program, "Walk to Bethlehem", labyrinth construction and ministry, Alzheimer's support group, Sacred Circle, home and hospital visits.
- Proposed programs include "Aging in Place" ministry, CPR certification classes, parish nurse training for congregational RNs, annual health needs assessment, liturgical dance, shepherding ministry education, information classes for interested nurses in other churches.

### Who to call:

- Vicki Carlson at 910-368-7060